



FOR IMMEDIATE RELEASE:

Iowa Singer-Songwriter to perform in Des Moines area.

"An Iowa treasure..."

"She sings my stories out into the open."

In Trish Bruxvoort Colligan is a one-of-a-kind fusion of spunk, open-heartedness, and depth of the ages. She brings to the stage her passion for the human story and eagerness for people to know their lives as sacred art. Her lyrics are poignant and playful, strung together by rich and vibrant melodies, and released into the air with a voice that will follow you around for days. Think three parts Carrie Newcomer, two parts Sarah McLachlan, one part Carole King, one part Dar Williams, and a pinch of Loreena McKennitt and you're close.

A concert with Trish is like spending an evening under a woven canopy of story, poetry, and song. But don't expect that you'll just want to sit there. Showing up extends you an inherent invitation to participate: sing, dance, drum, and laugh out loud. In fact, bring your own drum! Rest assured: if that's not your cup of tea you're welcome to sit back and drink it in.

In addition to her musical adventures, Trish is a spiritual director in private practice specializing in sacred ritual, retreats for women and one-on-one holy listening. She is the Founding Director of *Spirations Institute for Interspiritual Formation*, a two-year spiritual companion training program for women. For over a decade, Trish has been leading individuals and groups in sacred circle, worship, meditation and spiritual guidance. As a nationally touring songwriter and musician, Trish creates interspiritual music that accompanies groups and individuals in their journeys of healing and wholeness.

Spend time with Trish and you will find in her a wise, compassionate soul. She is well-acquainted with the holistic arts of herbalism, reiki, and healing. Her recovery from an eating disorder in 1991 is testament to Trish's courage and grit, and offers her a depth of sensitivity as she partners with others in their healing journeys.

Trish lives in a century-old house in Strawberry Point, Iowa, where she is perfecting the art of bathtime in her clawfoot bathtubs. Trish is blessedly joined in life by her husband Richard, their kindergarten- aged son Sammy, their "MidwifeDog", Abby, and three cats. Together they are learning the joys of gardening.

Trish has recorded four CDs of original music, and over a dozen more duet and collaborative CDs with her husband, Richard. Learn more at: www.riversvoice.com and www.spirations.com.